



## **Infectious Disease Plan for Summer Camps Summer 2021**

Nevada Outdoor School (NOS) is committed to providing safe opportunities for youth to get outside and explore throughout the summer. In light of COVID-19, all NOS summer camps will include the safety and protection measures outlined below.

### **DAILY CHECK-IN**

Campers will be temperature checked each morning upon arrival. Temperature checks will be performed using a touchless thermometer. Parents are expected to keep kids home that are not feeling well. Upon arrival at camp each day, campers and parents must acknowledge NOS's COVID-19 participant guidelines and confirm they have not exhibited any symptoms outlined there.

### **HANDWASHING**

Campers will be expected to wash their hands with soap and water upon arrival to camp each day. If bathroom facilities are not available, NOS will utilize outdoor shower bags to supply sufficient water for handwashing. Soap and clean towels will be provided by NOS. Hand sanitizer will be available and used by campers and staff throughout the camp.

### **MASKS**

While outdoors, NOS Staff, AmeriCorps members, and campers will not be required to wear a cloth face covering. However, if someone wants to wear a mask, they may. When inside, protocols of the business or entity will be respected. Each camper will be expected to bring at least 2 masks to camp, with their names clearly written on each mask, so they can be utilized if needed. If a camper does not have a mask, NOS will provide a disposable mask.

### **VEHICLES**

When transporting participants, masks will be worn unless actively eating or drinking. Transport vehicles will be cleaned, vacuumed, and disinfected after each camp.

### **ACTIVITIES**

Our camps have been limited to 15 campers so there can be smaller groups. Activities are created to minimize sharing of supplies and equipment. Equipment will be wiped down with disinfectant wipes at the end of each day, and thoroughly cleaned between camps. When possible, social distancing will be encouraged.

### **CAMPING**

Campers will be encouraged to sleep under-the-stars, if they are comfortable. Shelter building supplies and instruction will be incorporated into all camps that involve overnight camping. If campers opt to sleep in tents, there will be no more than 2 kids per tent, arranged in a head-to-toe sleeping configuration. If possible, the tent-partners will be either siblings or friends that are together outside of camp. Tents will be spaced at least 3 feet apart. When campers are not in the tents, rain flies will be removed and the door will be closed with only the screen, so that air can flow through the tent.

Campers are strongly encouraged to bring their own sleeping bag/sleeping pad from home. Sleeping bags/pads will be labelled with each child's name so the AmeriCorps Naturalist can ensure that sleeping bags/pads are not being shared or swapped. If a NOS sleeping bag or sleeping pad needs to be used, NOS will provide one that has been cleaned via the specifications of the fabric, and aired out in sunlight at least 4 hours.

#### WATER DISTRIBUTION

Campers are expected to bring and use only their own water bottles. NOS will provide each camper with a NOS water bottle at the beginning of each camp that will be clearly labelled with their name. The spigot of the shared 5-gal water container is to NOT touch the water bottles. Water bottles should be held at least 6-inches below the spigot. If a water bottle touches the spigot, immediately wipe down the spigot with a disinfection wipe and allowed to dry before being used again. There is no drinking directly from the shared 5-gal water container. The 5-gal water container will be filled with only potable water from a trustworthy source, and commercially obtained ice.

#### FOOD PREPARATION

Throughout each meal process, an AmeriCorps Naturalist will be present and monitor activity.

For each meal, 2 campers will be assigned to the kitchen area to help with the dispersal of food items ("Food Handlers"). The Food Handlers will be responsible for distributing and/or preparing food with oversight from the Naturalist. Food Handlers will wash their hands immediately before beginning their duty, and will also wear gloves throughout their service. During food preparation Food Handlers will also wear masks and a hat.

After each meal, 2 campers will be assigned clean-up duty ("Dishwashers"). Dishwashers will be responsible for cleaning all dining materials and wiping down tables. Dishwashers will also wear gloves, masks, and a hat. NOS incorporates a 3-bucket cleaning system. The first bucket is our hot-water wash bucket with soap. The second bucket is a hot-water rinse. The final third bucket is a cold-water rinse with a few drops of bleach. After dishes are washed, they are dried with a clean towel or allowed to dry in the sunlight. Once clean, they are stored in our camp totes.

#### FOOD STORAGE

Well-maintained coolers will be filled with ice to maintain proper storage conditions for food products. Naturalists are responsible for planning ahead to acquire commercially available ice at appropriate times to keep their coolers well-iced to maintain temperature.

#### BATHROOM USEAGE

Campers will be reminded to wash their hands after using the facility (built or natural). If a washbasin is available, they will utilize the washbasin. If a washbasin is not available, they will wash their hands using the NOS shower bag system when they return to camp.

#### IF SOMEONE DOES GET SICK

A child who becomes sick at camp, with any displays of symptoms ranging from fever to vomiting, will be immediately removed from the group and their parents will be called to arrange a pick-up. A Naturalist will stay with that camper to monitor symptoms and provide comfort care until handed off to their responsible adult.

#### DISINFECTION PRODUCTS

Disinfection products that NOS will use include:

- Diluted Bleach solution
- Natural UV Light

Sanitizing Wipes  
Disinfectant Spray